

Antioxidants

Oxidation can cause damage to your body's cells and may contribute to aging.

Did you know antioxidants are molecules that safely interact with free radicals in your body, to stop the nasty chain reaction that oxidation can cause to your body?

Some researchers suggest high levels of antioxidants can substantially reduce the risk of coronary heart disease, cancer and age related illnesses.

According to the **American Dietetic Association** Antioxidants:

- **Help prevent oxidation**
- **May help increase immune function.**
- **Possibly decrease the risk of infection and cancer.**

At Kodiak, we take nutrition seriously, we only use the best ingredients, because you work too hard to put junk in your body.

Have you eaten 8 servings of antioxidant rich fruits and vegetables today? Choose the safest and most potent source of antioxidants, in a quick easy to take veggie cap.

Kodiak Nutrition International™, LLC was founded by Professional Strength & Conditioning Coaches to meet the safety needs of competitive athletes. What happened was the creation of a company that believes in helping youth athletes and families get the safest and highest quality products for health, life and sport performance.

We don't just offer quality supplements, we educate athletes and families. We know that you need to know how, why, when, and how often to consume nutrition, whether it's from our products or whole food.

If you're an athlete, active or inactive family, you need to have energy and feel healthy. Your family deserves to get something nutritious, even when unhealthy quick meals become the norm. You spend so much time and energy on everything else, why not treat your body to some good nutrition?



Kodiak Nutrition International™, LLC

Order by phone or online 24 hrs

866-514-0673

KodiakNutrition.com



- **Natural, Quality Antioxidants.**
- **100% Vegetable Capsules.**
- **Certified Safe & Drug-Free**
- **Microbiology Tested for Safety**
- **Made in America**

Kodiak Nutrition International™, LLC

ENSURING PRODUCT SAFETY FOR YOUTH ATHLETES AND FAMILIES

www.KodiakNutrition.com
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For Your Health



Take a look at these ingredients. Do you see anything that looks like it shouldn't be in your body on a regular basis? Your body has a requirement for fresh fruits and vegetables for the antioxidants and fiber. We're pretty sure your body doesn't have a requirement for red dye #9 and xanthan gum. If your body is supposed to run like a finely tuned machine, shouldn't you put something good in the tank?

Ingredients: Fruits: Prune Powder, Blueberry, Pomegranate Fruit Powder, Cranberry Powder, Grape Seed Extract, Tart Cherry Powder, Noni Powder, Oxyphyte™(a concentrated blend of plant phyto-nutrients from white tea) **Vegetables:** Broccoli Juice Powder, Spinach Juice Powder, Beet Juice Powder, Kale Juice Powder, Cabbage Juice Powder, Parsley Juice Powder, Endole 3 Carbinol (a potent extract from broccoli), Chlorozyme™(a patented enzyme complex to maximize absorption)

Don't have time to get your fruits and vegetables in each meal? Did your family run out the door without good food or any food? Shame on you. You're not the only one. Now, there is a truly healthy option for those who are too busy to get fruit and vegetable servings every single meal.

ORAC Ratings are a standard method of comparing the level of antioxidants present in food products. **ORAC** stands for **Oxygen Radical Absorbance Capacity**. The higher the score the more effective that food is at absorbing oxygen radicals and removing them from our bodies. Healthy Nation has an extremely high ORAC score, meaning it's a potent way to remove oxygen radicals from your system in a natural, easy to use form.

Using the highest **ORAC** rated **Fruits and Vegetables**, this proprietary blend helps guarantee you and your kids all the benefits of balanced nutrition. It's so easy to take a small vegetable capsule with a meal. Healthy Nation™ contains the most potent Fruit and Vegetable Anti-Oxidant selections available in a patented enzyme complex to maximize absorption of the essential nutrients found in food.

- **Trust Certified Drug-Free Products** 
- **Microbiology Tested for Your Safety**
- **Capsule is made entirely of vegetables.** 
- **Safe and convenient source of antioxidants for the whole family.**

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